

COURSE OUTLINE

RESPONSIBLE OF THE COURSE	OURANIA MATSOUKA, Professor D.P.E.S.S. – D.U.T.H.
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1. GENERAL

SCHOOL	PHYSICAL EDUCATION & SPORT SCIENCES		
DEPARTMENT	PHYSICAL EDUCATION & SPORT SCIENCES		
LEVEL OF STUDIES	POSTGRADUATE PROGRAMME		
COURSE CODE	T205	SEMESTER	2 th
COURSE TITLE	HUMAN RESOURCES - VOLUNTEERING		
TEACHING ACTIVITIES <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		TEACHING HOURS PER WEEK	ECTS CREDITS
		2	7,5
<i>Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.</i>			
COURSE TYPE <i>Background, General Knowledge, Scientific Area, Skill Development</i>	MINOR COURSE		
PREREQUISITES:	No		
TEACHING & EXAMINATION LANGUAGE:	Greek		
COURSE OFFERED TO ERASMUS STUDENTS:	No		
COURSE URL:	https://eclass.duth.gr/courses/PHYED7B104/		

2. LEARNING OUTCOMES

Learning Outcomes <i>Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.</i>	
<p>The aim of the course is to explore the conceptual framework of volunteering, the practices of volunteering in Greece and abroad as well as the effects of participation in voluntary actions on an individual and social level. Also, this course focuses on the importance of the human factor in a modern working environment for the competitive operation of an organization. Issues such as the structure and structure of human resources, the assignment of responsibilities and the building of functional teams, as well as issues related to leadership, motivation, communication, team dynamics, labor relations, and conflict management for a safe and creative work environment will be examined.</p> <p>After the successful completion of the course students will be able to:</p> <ol style="list-style-type: none">1. Understand the concept of human resources and volunteering2. Know the areas of volunteering and the stages of the voluntary process3. Know the functions of human resource management4. Know the concepts of leadership of communication, motivation, group dynamics, which are units of Organizational Behavior5. Develop their ability to evaluate, to interpret and present the results of their research in the field of Human Resources - Volunteerism	
General Skills <i>Name the desirable general skills upon successful completion of the module</i>	
<i>Search, analysis and synthesis of data and information, ICT Use Adaptation to new situations Decision making Autonomous work Teamwork</i>	<i>Project design and management Equity and Inclusion Respect for the natural environment Sustainability Demonstration of social, professional and moral responsibility and sensitivity to gender issues</i>

<i>Working in an international environment</i>	<i>Critical thinking</i>
<i>Working in an interdisciplinary environment</i>	<i>Promoting free, creative and inductive reasoning</i>
<i>Production of new research ideas</i>	
<ul style="list-style-type: none"> - Search, analysis and synthesis of data and information, ICT Use - Adaptation to new situations - Decision making - Autonomous work - Teamwork - Working in an interdisciplinary environment - Equity and Inclusion - Demonstration of social, professional and moral responsibility and sensitivity to gender issues - Critical thinking 	

3. COURSE CONTENT

<ol style="list-style-type: none"> 1. Conceptual definition: definition and forms of Volunteering 2. We play and build the future for 2030 based on the 17 goals of sustainable development and volunteering 3. Basic principles of planning voluntary actions 4. Non-formal learning in the context of the Educational process 5. Volunteering in the Organization of Ongoing 6. Human Resource Management Functions 7. Human Resource Management: Application in Sports. 8. Introduction to Organizational Behavior 9. The role of leadership style in the psychological empowerment of employees and the investigation of the relationship of their psychological empowerment with their professional satisfaction. 10. The role of leadership style in the psychological empowerment of employees and the investigation of the relationship of their psychological empowerment with their organizational commitment to municipal sports bodies. 11. Burnout: Applications in sports 12. Applications of research methods-Swot analysis. 13. Presentations of scientific articles with emphasis on the good practices of Volunteering at national and international level

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD <i>Face to face, Distance learning, etc.</i>	<ol style="list-style-type: none"> 1. Face to face Lectures and practical applications as well as distance learning 2. Practical classes 	
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>	Use of ICT in Teaching	
TEACHING ORGANIZATION <i>The ways and methods of teaching are described in detail.</i> <i>Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i> <i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i>	Activity	Workload/semester
	Lectures	40
	Study and analysis of literature	30
	Study and individual works,	38
	Seminars	30
	Presentations	50
		188
STUDENT EVALUATION <i>Description of the evaluation process</i> <i>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others</i>	<ol style="list-style-type: none"> 1. Presentation (20%) 2. Final written examination (80%) 	

Please indicate all relevant information about the course assessment and how students are informed

5. SUGGESTED BIBLIOGRAPHY

1. Carpenter, J., & Myers, C. K. (2007). Why volunteer? Evidence on the role of altruism, reputation and incentives. IZA Discussion Paper No 3021.
2. Cunha, J., Mensing, R., & Benneworth, P. (2018). A conceptual framework to understand academic student volunteerism. *CHEPS Working Paper 03/2018*, Center for Higher Education Policy Studies, University of Twente.
3. Griep, Y., Hyde, M., Vantilborgh, T., Bidee, J., De Witte, H., & Pepermans, R. (2015). Voluntary work and the relationship with unemployment, health, and well-being: a two-year follow-up study contrasting a materialistic and psychosocial pathway perspective. *Journal of occupational health psychology*, 20(2), 190.
4. Liu, E. S. C., Ching, C. W., & Wu, J. (2017). Who is a volunteer? A cultural and temporal exploration of volunteerism. *Journal of Human Behavior in the Social Environment*, 27(6), 530-545.
5. Stebbins, R. A. (1996). Volunteering: A serious leisure perspective. *Nonprofit and voluntary sector quarterly*, 25(2), 211-224.
6. Von Essen, J. (2016). On the meaning of volunteering: A study of worldviews in everyday life. *Foundations of Science*, 21, 315-333.
7. Αδάμ, Σ., & Παπαθοδώρου, Χ. (2010). Κοινωνική οικονομία και κοινωνικός αποκλεισμός: Μια κριτική προσέγγιση. Αθήνα, Ινστιτούτο Εργασίας ΓΣΕΕ, Παρατηρητήριο Οικονομικών και Κοινωνικών Εξελίξεων
8. Εθελοντισμός στην Ελλάδα Υπάρχουσα κατάσταση και προτάσεις February 2020 Publisher: National Institute of Labour and Human Resources ISBN: 2623-419x
9. Υπουργείο Παιδείας, διά Βίου Μάθησης και Θρησκευμάτων, Γενική Γραμματεία Νέας Γενιάς (2012). Μελέτη για τη διερεύνηση και αποτύπωση της τρέχουσας κατάστασης του εθελοντισμού στην Ελλάδα στο πλαίσιο του Ευρωπαϊκού Προγράμματος «Ευρωπαϊκό έτος εθελοντισμού 2011». Επιτελική σύνοψη.

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	OURANIA MATSOUKA, Professor, D.P.E.S.S. – D.U.T.H.
Contact details:	oumatsou@phyed.duth.gr
Supervisors: (1)	NO
Evaluation methods: (2)	Written examination with distance learning methods
Implementation Instructions: (3)	<p>The examination in the course will be carried out in subgroups of users in the e-class, depending on the number of participants in the course, on the day according to the examination program announced by the Secretariat.</p> <p>The exam will be conducted through Teams. The link will be sent to students via e-class exclusively to the institutional accounts of those who have registered for the course and have learned the terms of distance methods.</p> <p>Students will have to log in to the examination room through their institutional account, otherwise they will not be able to participate. They will also take part in the examination with a camera, which they will have open during the examination. Before the start of the exam, students will show their identity to the camera, so that they can be identified.</p> <p>Each student should answer multiple choice questions, free text development, critical thinking. Each of the questions is graded from 0.5 to 2.0 points depending on the question category.</p>

- (1) Please write YES or NO
- (2) Note down the evaluation methods used by the teacher, e.g.
- *written assignment* or/and exercises
 - written or oral examination with distance learning methods, provided that the integrity and reliability of the examination are ensured.
- (3) In the **Implementation Instructions** section, the teacher notes down clear instructions to the students:
- a) in case of **written assignment and / or exercises**: the deadline (e.g. the last week of the semester), the means of submission, the grading system, the grade percentage of the assignment in the final grade and any other necessary information.
 - b) in case of **oral examination with distance learning methods**: the instructions for conducting the examination (e.g. in groups of X people), the way of administration of the questions to be answered, the distance learning platforms to be used, the technical means for the implementation of the examination (microphone, camera, word processor, internet connection, communication platform), the hyperlinks for the examination, the duration of the exam, the grading system, the percentage of the oral exam in the final grade, the ways in which the inviolability and reliability of the exam are ensured and any other necessary information.
 - c) in case of **written examination with distance learning methods**: the way of administration of the questions to be answered, the way of submitting the answers, the duration of the exam, the grading system, the percentage of the written exam of the exam in the final grade, the ways in which the integrity and reliability of the exam are ensured and any other necessary information.
- There should be an attached list with the Student Registration Numbers only of students eligible to participate in the examination.