

Short CV Spyridopoulou Eleni

Eleni Spyridopoulou holds a Ph.D. from the Department of Physical Education & Sport Science, Democritus University of Thrace, Greece, with a specialization in human resources training through internship and the development of human resources in sport and recreational services. She holds two bachelor's degrees, one from the Department of Business Administration at the University of Macedonia and another in Accountancy from the Technological Educational Institution of Eastern Macedonia and Thrace. She holds a master's degree on organization of physical activity and recreation. During her doctoral studies, she contributed to undergraduate teaching in subjects such as "Sport Tourism and Recreation", "Sport at Hotels", "Organization of Sport Camps", and "Educational Tourism and Recreation". Her research interests include internship planning, human resources management, and staff empowerment. She has published 13 articles in reputable academic journals and 11 papers in conference proceedings on these topics. In addition to her teaching and research activities, she is actively involved in various research projects, many of which have been co-funded by the European Union—focusing on areas closely aligned with her academic interests.