



Short Curriculum Vitae

Semina Nani holds a degree from the Department of Physical Education and Sport Science at Democritus University of Thrace (DUTH). She also holds a master's degree in Exercise and Quality of Life, as well as a Ph.D. in Physical Education, with a specialization in Therapeutic Recreation. During her doctoral studies, she received two scholarships from the State Scholarships Foundation (IKY). With over 9 years of professional experience and research activity, she has taught in undergraduate and postgraduate programs at the School of Physical Education and Sport Science (DUTH), at the Police Academy in Komotini, and has worked with diverse groups in care facilities - including users of psychotropic substances, children with cancer, the elderly, and individuals with disabilities. Since 2023, she has been working as a freelancer in the field of sports tourism, having founded Acheron Outdoors (<https://acheron-outdoors.gr/>). She is the author and co-author of 1 academic textbook titled "Therapeutic Exercise and Recreation", as well as 17 scientific papers and 19 peer-reviewed presentations at international and Greek scientific journals and conferences. She also serves as a reviewer for domestic and international scientific journals in subjects related to Therapeutic Exercise and Recreation, Quality of Life, and Sports Tourism. She has participated as a research team member in 2 EU-funded research projects. Furthermore, she has been an invited speaker in university courses, workshops, seminars, and events, most notably giving a talk at the European Parliament during the second online meeting on childhood cancer. Finally, she has administrative experience in various committees and in organizing cultural and sport events.

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